

Flag Division          Instructional Only  
 4 Conferences  
 No Scoring and No Standings  
 Games Start September 11 (6 Week Season)



Conference A	Conference B	Conference C	Conference D
Albany A	Albany B	Averill Park A	Averill Park B
Ballston Spa A	Ballston Spa B	Ballston Spa C	Greene County
Bethlehem A	Bethlehem B	Bethlehem C	Niskayuna
Burnt Hills A	Burnt Hills B	Colonie C	No. Columbia Cty.
Colonie A	Colonie B	East Greenbush C	Ravena
East Greenbush A	East Greenbush B	Guilderland C	Rensselaer
Guilderland A	Guilderland B	Helderberg	Schnectady Belmont B
No. Colonie A	No. Colonie B	No. Colonie C	South Troy
Rotterdam A	Rotterdam B	Rotterdam C	Watervliet
Saratoga A	Saratoga B	Schenectady Belmont A	
Scotia Glenville A	Scotia Glenville B	Scotia Glenville C	
Troy A	Troy B	Troy C	