

Capital District Pop Warner Heart-Saver First Aid/CPR Infant CPR and AED Class



Heart saver First Aid CPR AED is a classroom; video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult, child and infant CPR and AED use.

At the end of this 5.5 hour course, the learner will utilize knowledge and skills acquired for Coronary Pulmonary Resuscitation (CPR) –Automatic External Defibrillator (AED) and First Aid treatments per the American Heart Association (AHA) guidelines.

Pre-registration is required. Please e-mail Josh from Albany PW at Joshv1suzuki@hotmail.com or LearningandDevelopment@mail.amc.edu Please include the name of your program, date wanting to attend, time and your name, home address and telephone number. The registration fee is \$50.00 For capital district Pop Warner coaches and all staff.

For cancellations, please call 518-262-3705, fax 518-262-4276 or e-mail LearningandDevelopment@mail.amc.edu 72 hours prior to the program. Refunds will be given only when the Center for Learning and Development has received at least 72 hours advanced notice and has received a written request. We regret that no refunds can be given when less than 72 hours cancellation notice has been given.

**The Center for Learning And
Development
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The AMC Professional Image Standards Policy is in effect at AMC sponsored education programs. Employees must comply with the AMC Professional Image Standards Policy when attending AMC sponsored educational events. The attire for AMC educational sponsored events is business casual or appropriate clinical attire.

**March 16
0800 – 1030– CPR
1100—1400 First Aid**

**April 4
1600– 1900– CPR
1900—2130 First Aid**

**June 13
1600– 1900– CPR
1900—2130 First Aid**

If one of these dates does not work we are able to do a different date that works with 15 or more people.